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Dr. Juan Pablo Frias is Medical Director and Principal Investigator of National Research Institute in Los Angeles, CA. He completed his undergraduate studies at the University of Florida and received his medical degree from Vanderbilt University School of Medicine. After serving 5 years as a General Medical Officer in the US Navy, he completed his training in Internal Medicine at Vanderbilt University and the University of Tennessee, and his Fellowship in Endocrinology, Diabetes and Metabolism at the University of California, San Diego. Dr. Frías has held academic positions at the University of Colorado Health Sciences Center, Barbara Davis Center for Diabetes, and the University of California San Diego School of Medicine, where he is currently on the clinical faculty. Dr. Frías has been involved in diabetes and metabolism-related clinical research for over 20 years and has authored numerous publications in this field.